

MINI MUSTANG MEET

5th Annual Mini-Mustang Youth Track Meet Fundraiser

GRADES K - 8TH ONLY • Sunday, APRIL 28th • 1:00 pm - 5:00 pm

Waller Stadium • Mira Costa High School, Manhattan Beach, CA 90266

Race Registration starts at NOON • \$20 entry - includes free T-shirt

REGISTER: https://apm.activecommunities.com/mbxfoundation/Activity_Search/769



This is an “All Comers” meet open to one and all! All you need is a pair of shoes and a desire to compete. Kids can enter up to 3 events - for one low price. This is a great way to introduce your child to Track and Field, and just have some fun. Compete with and against your school mates. Form your own relay teams. Show us what you’ve got!

PLEASE NOTE - THIS IS A ROLLING MEET, MEANING WE WILL START AROUND 1PM, AND FINISH AROUND 4:30. THIS IS THE ORDER THE EVENTS WILL BE RUN.

Event	Grade	Gender	Notes
1. 50m Dash	K-1	Mixed	SHOULD START AROUND 1PM - No blocks
2. 50m Dash	2-4	Mixed	No blocks
3. 800m	5-8	Girls	Two laps
4. 800m	5-8	Boys	Two laps
5. 100m	5-8	Girls	By grade if we have enough
6. 100m	5-8	Boys	By grade if we have enough
7. 100m	Adult	Moms & Dads	Risk your hamstrings! FREE**
8. 400m	K-1	Mixed	One full lap, no blocks
9. 400m	2-4	Mixed	One full lap, no blocks
10. 400m	5-8	Girls	By grade if we have enough
11. 400m	5-8	Boys	By grade if we have enough
12. Mile Run	6-8	Girls	By grade if we have enough
13. Mile Run	6-8	Boys	By grade if we have enough
14. SBRR Mile Run	OPEN	OPEN	FREE** (Unless you want a shirt)
15. 4 x 100 Relay	Girls		By grade if we have enough
16. 4 x 100 Relay	Boys		By grade if we have enough
17. 4 x OPEN Relay	ANY	ANY	Open, mixed, adults, coaches, anyone!

Field Event	Grade	Gender	Notes
Pole Vault Demo	5-8	Mixed	SHOULD START AROUND 1PM - West Pit. Watch & learn!
High Jump Demo	5-8	Mixed	SHOULD START AROUND 1PM - East Pit. Watch & learn!
Shot Put	3-8	Mixed	SHOULD START AROUND 1:30PM, Awards by gender
Long Jump	K-2, 3-4,	Mixed	SHOULD START AROUND 1:45PM, Awards by gender
Long Jump	5-6, 7-8	Mixed	SHOULD START AROUND 2:00PM, Awards by gender

This is a casual meet - we may merge events, grades, gender, etc. But we’re serious about having fun!

I hereby release and discharge the organizers and sponsors of the tournament as well as the MBX Foundation, Inc, their partners, the Manhattan Beach Unified School District, Mira Costa Track & Field Team/Booster Club and each of their agents, officers and employees from any and all claims for losses, injuries, damages or liabilities, including personal injury, arising out of or attributable to my child’s participation in this event.

Parent/Guardian Signature _____

Student Name: _____

Grade: _____ Age: _____ Gender M/F: _____

School: _____

Parent Name: _____

Parent Email: _____

Parent Phone Number: _____

Events Participating In: _____

Shirt Size: (Circle one) YS YM YL AS AM AL AXL