

MIRA COSTA Girls Lacrosse Camp

February 2, 2020
9:30 am to 12:30 pm



K – 8th grades are invited to a fast-paced lacrosse clinic hosted by the **Mira Costa Girls Lacrosse Team and Coaching Staff**. The camp will focus on key elements of Lacrosse such as ball and stick skills along with footwork and positioning. Meet Costa's new assistant coach, **Maddy Morrissey**, a former top-scoring midfielder for Duke and MBMS Coach **Kate Ivory**, a former midfielder & defender for Cornell & Northwestern

LOCATION: Mira Costa High School, Lower West Field (located along Meadows Avenue)

WHO: Kindergarten – 8th Grade

COST: \$75 per camper

CAMP INCLUDES: Costa lacrosse gear, water, and snack

WHAT TO BRING: Cleats, refillable water bottle, lacrosse stick, goggles, mouthguard, and medical release form

REGISTER AT: [Mira Costa Girls LAX Camp 2020](#) or bring a check to the clinic payable to "MBX Foundation" on February 2nd

QUESTIONS: Call or text Dan Rodrigues at (415) 760-6195