



Girls Flag Football Clinics

INTERESTED IN PLAYING FLAG FOOTBALL? JOIN US FOR FREE PRE-TRYOUT CLINICS TO SHARPEN YOUR SKILLS, PREPARE FOR TRYOUTS, AND GET A FEEL FOR THE GAME. WHETHER YOU'RE NEW OR EXPERIENCED, THIS IS A GREAT CHANCE TO SEE IF FLAG FOOTBALL IS FOR YOU.

April 15, 21, 28, 2026 | 3:30 - 5 pm
May 5, 12, 19, 2026 | 3:30 - 5 pm

Mira Costa West Field

Please bring cleats and gloves (if you have them), a water bottle, and a game-ready mindset

*** NOTE: CURRENT 8TH GRADERS ARE NOT ALLOWED TO PARTICIPARE IN CLINICS UNTIL AFTER MAY 1ST**