

## **FALL 2024: Class Descriptions**

### **AFTER SCHOOL SOCCER**

We incorporate the best coaching methodologies from around the world and bring them to players across all of North America... including in your community. Players will work on technical foundational skills in a fun and safe environment. More than just a soccer camp; a cultural, educational, and informational program that uses soccer to teach core values of responsibility, integrity, respect, sportsmanship and leadership. *Challenger Sports*

### **ANIME, CARTOONING & COMIC BOOK CREATION**

Cartooning is a great way to learn how to sketch and draw. You will learn to create your own characters as well as popular characters from Disney, Anime, and more! Learn about storylines, design, coloring, and lettering, as you create your very own comic book! *Parker Anderson Enrichment*

### **ART ADVENTURES**

Children learn about famous artists such as Georgia O' Keefe, Henri Matisse, and Andy Warhol as they make wonderful creations each week using a wide variety of artist's material. Art is fun--come join the adventure! *Parker-Anderson Enrichment*

### **ART WITH JAKE TEDESCO**

This art program is for students who are really interested in learning to draw! Through the course of instruction students are exposed to one and two point perspective as well as interior perspective, using themes that are interesting to young minds. We talk about negative space, shadows, highlights and 'cast' shadows. The students learn to blend colors with colored pencils, pastels and paints. We explore facial proportions, giving the students the confidence to draw a person or animal. References to artists of historical importance are made whenever possible and especially if it ties in with the subject matter. During the class, the student is given the freedom to make choices and to think about their composition and what is visually and aesthetically pleasing to them as an artist! The classes are really about drawing, seeking spatial relationships and observation. *Jake Tedesco, Community Art Instructor*

### **BASKETBALL WITH COACH DIMITRI**

Join the popular Coach Dimitri for an afternoon of basketball. This class will focus on skills, drills, fun, learning and team building. Always a fun and active afternoon! *Dimitri Upshaw, South Bay Athletics*

### **BREATHE & LEARN AFTER SCHOOL YOGA**

The B&L Signature Series class follows a unique curriculum designed to support and strengthen social emotional learning skills through the lens of yoga and mindfulness. Each week, we'll investigate a particular theme which guides the class discussion and journaling. Students will also learn a specific breathing or mindfulness exercise, followed by daily yoga postures which are introduced and practiced in fun, engaging ways. Class ends with a visualization to help students relax and reflect by connecting back to their breath. *Breathe & Learn*

### **CHEM KIDZ**

Chemistry is amazing! Conduct physical and chemical experiments and learn what makes them work. Make your own desiccators and Elephant Toothpaste, grow copper sulfate crystals, and get ready for an instant snowstorm! All reactions are done outdoors and students wear protective goggles. *Parker-Anderson Enrichment*

### **CHESS: ALL LEVELS**

While learning to play chess, students will be taught critical thinking, mental discipline and problem solving skills, which can positively impact learning in the classroom. Designed to motivate and entertain, the curriculum introduces otherwise difficult concepts while teaching the art of chess. Intermediate and advanced players must understand "check" and "check mate" and be able to utilize end game strategy.

*\*\*Very Important! Beginner chess players must identify themselves as a beginner so that you don't miss out on the first day's lessons. That introduction to the game will begin your chess journey...Rue Ellington*

### **CLAY AND DESIGN**

Get ready to have a ton of fun at Clay and Design! Each week new clay, sculpting and modeling techniques will be introduced in addition to Great Master Sculptors. From learning the fundamentals such as coiling, to working with modeling clay and creating sculptures inspired by the Great Masters, students will complete and take home a new clay project every week.

All students will receive their very own Clay and Design Art Box filled with essential tools and an artist's sketchbook and drawing supplies. Additional Art Stations include Building, Sketching and Stenciling. *The Art Box Academy*

### **THE "COOL" KITCHEN CLUB**

Kids will have fun with food and make a new recipe each week. Enjoy these delicious "no-cook" recipes: Crunchy Ramen Salad, Homemade Butter, Italian Sub Pinwheel Sandwiches, Homemade Salsa and Guacamole, Chicken Salad Sandwiches, and more! Learn about nutrition, culture, and co-operation skills in this yummy class. All nut free. Vegetarian *Parker-Anderson Enrichment*

### **EXCITING WORLD OF ROBOTICS**

Have you ever wanted to design, build and program your own robot? Students will construct their own robots from the ground up, using the VEXIQ design system. The robots will then compete against each other in the VEXIQ High-rises Challenge. In the challenge, students will build and program their robots to stack high-rises of colored blocks, and compete to score the most points in a designated time period. This is a STEM based curriculum where students will learn coding, building and the engineering process for basic robotic construction and design. The VEX design system is a national standard, and the standard used throughout MBUSD for STEM classes and robotics. *This class is offered by the Mira Costa High School Robotics team and Ken Brenan, LEGO instructor and Computer Science teaching assistant at MCHS*

### **HIP HOP**

Are you ready to ROCK! Learn the basic techniques of dance and how to move to the beat. We promote a healthy lifestyle through fun, physical activity that encourages self expression through music and movement. This is a performance-based class, designed to help students gain confidence and self-esteem. We teach age-appropriate dance routines to fun pop music! We put on a rockin' performance in costumes on the last day for family and friends to enjoy! *Funky Divas & Dudes*

### **HIP HOP - BEGINNER BREAKDANCING**

Our Beginner/Intermediate breaking class is designed for both beginners with little or no experience and intermediate breakers that have experience dancing. We use our very own proprietary curriculum to teach the basic and intermediate concepts and moves of breaking. We focus on learning moves to express yourself through dance, building confidence, and developing a positive environment through helping one another all the while having a blast!. *We Break Hip-Hop Dance Co.*

### **JEWELRY MAKING WORKSHOP**

Make your own jewelry in a hands-on introduction to this exciting and creative art form. Students make professional looking beaded jewelry using a variety of materials. Among the items created are earrings, bracelets, necklaces, pins, and rings. *Parker-Anderson Enrichment*

### **JR. ARTISTS, AND ARCHITECTS !**

Creativity and Innovation - Here we Come! Your lil' creator will learn about Impressionism, Architecture, Blueprint Design, Sketching, Modern Art and more. Students will have a ton of fun strengthening fine-motor

skills, building creative resilience, developing complex problem solving skills, and letting the imagination soar! Bonus Art Box included - filled with Essential Art Supplies along with our weekly Building and Engineering Stations. *The Art Box Academy*

### **JURASSIC DINO WORLD**

Learn all about Dinosaurs in this fun, hands-on class! Explore the Triassic, Jurassic, and Cretaceous eras through all sorts of project-based activities: Dino Digs, fossil hunts, and 'Dino of the Day' activities! You even get your own Dinosaur Egg to take home with you! *Parker-Anderson Enrichment*

### **LACROSSE**

Explore the exhilarating world of lacrosse with BeachSports! Whether you're new to the sport or already acquainted with the "fastest game on two feet," our program caters to students in grades TK to 5th. Our mission is simple: create an environment where students can grasp the fundamentals, cultivate teamwork skills, and, most importantly, have a blast! Joining our lacrosse program will introduce students to the fundamentals and rules of the game as well as the basics of competitive game play. Students can expect to learn how to pick up, carry, pass, catch and shoot the ball as well as setting up on offense and defense. Led by coaches with collegiate lacrosse experience, this program will help students of all ages and experience levels improve their skills. Pads and sticks will be included. *Beach Sports*

### **LC3K**

Join LC3K, (Little Click Club/Computer Keyboarding,) and become a "Computer Whiz!". This class has a split curriculum that provides computer confidence and skill building experiences tailored to different age groups. Kinder, TK and 1<sup>st</sup> grade students solve computer detective missions with the Puterbugs program as they use the mouse and navigate the different keys on the computer keyboard through an animated journey. While working at their own pace students are exposed to computer terminology, reading, math, and critical thinking skills! 2<sup>nd</sup> through 5<sup>th</sup> grade students use software that makes learning computer keyboarding a challenging game. Each class always ends with choices of art and puzzle software which are a trek of math, logic and science for all ages. It's all about having fun while learning, which is what makes this class so much more enjoyable than a traditional computer class or typing course. Fun and learning are the motivating factors in LC3K! *Little Click Club*

### **LEGO BUILDING**

Come join Mr. B and his team exploring the world of LEGO building. Participants learn to build a variety of LEGO sets from Star Wars to Castle to Friends and more! Participants are encouraged to build sets larger and bigger than their abilities with help from the instructors. Each child will learn independent building, LEGO instruction reading, self-reliance, and socialization. Join the fun today! *Mr. B and team*

### **MAKERSPACE (Grand View only)**

The challenge is to make your own games and play them with friends using recycled materials and technology introduced in the Makerspace classroom; Ozobots, MakeyMakey, Code n Go Mice, etc.. More experienced students will mentor younger students. STEAM projects for all levels!

### **MAMA MAESTRA SPANISH ENRICHMENT**

Spanish classes for children K-5 are designed to make students laugh, play and have fun with their peers. Students learn through music, movement, and games. Children are exposed to Spanish grammar and proper sentence structures in a fun, playful, and organic way. *Pilar DeNardo*

### **MARINE BIOLOGY**

Explore the diversity of ocean life from organisms in hot deep-sea vents, to tropical fish, to the astonishing varieties of Arctic marine life! Observe a shark dissection, write with squid ink, and learn about the largest environment on the planet! *Parker Anderson Enrichment*

### **MATH OLYMPIAD (Grand View, Meadows, Pacific & Pennekamp)**

Looking for a challenge! Joining this class develops Mathletes--students who learn skills in competitive math. Our team will practice solving challenging word problems and develop problem-solving strategies and confidence. Mathletes will participate in select competitions and tournaments. Math Olympiad will prepare students for the MathCounts competitive math program at MBMS.

### **MULTI-SPORT**

This class will primarily focus on Soccer, Baseball and Basketball skills, while highlighting speed, agility and movement. High energy and filled with lots of fun games, players will learn proper dribbling, passing, and shooting techniques of soccer and basketball, while learning proper hitting and fielding in baseball. Game scenarios and situations will aid in the development and further understanding of all sports played. A few playground games will be added and sprinkled in, to help maintain a fun factor keeping the players engaged throughout the session. *Semper Fit Sports*

### **MUSICAN DANCE THEATRE**

Do you like musicals? This is a jazz-based class filled with Broadway musical style dancing and music from musicals like Lion King, Annie, The Little Mermaid, Frozen, Hairspray and more! Classes incorporate the style of dance one would typically see on a Broadway stage. Students not only learn basic dance technique, but also work on acting skills and performing with emotion and stage presence. This is a performance-based class, designed to help students gain confidence and self-esteem. A mini show in costumes will be held on the last day for family and friends to enjoy! *Funky Divas & Dudes*

### **PANTHER SPIRIT AND HYPE SQUAD WITH MRS. SKINNER (Pacific only)**

Move over DCC...the Panther Spirit Squad is heading to Pacific and looking for members! Are you interested in creating a school cheer for Pacific? What about performing a pom routine to our beloved school song? If so, join the Pacific Spirit and Hype Squad lead by former cheerleader and first grade teacher, Mrs. Skinner. Participants will work together to develop a school wide cheer to launch our Wednesday Spirit Assemblies. This group will also learn the choreography to a pom routine that will be performed on December 18<sup>th</sup> for your fellow Panthers. You don't want to miss being a part of this spirited new group! All participants will receive pom poms and a cheer bow for the performance. *Mrs. Gelane Skinner*

### **“PUTTERBUGS”**

Using laptop computers, your child will be the main character of a guided learning adventure in a world full of technology. The Putterbugs program prepares kindergartners with the fundamentals of important tech skills starting with the letters of the keyboard. Students will learn everything from basic mouse, keyboard, and navigational skills to more advanced mobile concepts, such as networks, satellites, cell phones, cloud technology, wireless, email, and the internet. Each class improves listening skills, concentration, promotes self-confidence and offers the opportunity to learn a new skill. *Little Click Club*

### **ROCKET SCIENCE & ASTRONOMY**

Ready, set, blast off! Explore the Universe as we launch everything from Film Canister Rockets, to Water Bottle Blasters, Business Card Boomerangs, and much more! Our adventures will take us to Titan, Mars, and a Galactic Cluster as we learn about comets, constellations, and our galaxy! This class is out of this world! *Parker Anderson Enrichment*

### **SKATEBOARDING**

Learn to skateboard or take your skating to the next level at our Skateboard Class led by BeachSports! Coaches will provide beginner to advanced level instruction starting from the very basic, getting from A to B, to

intermediate and advanced tricks including ollies, flip tricks, grinds, ramp skating and much more! An assortment of mobile skate ramps and rails will be set up to create a different skatepark experience each day. Safety is our number one priority. All campers are required to wear a helmet, elbow pads, knee pads and closed toe shoes. Our coaches are First-Aid & CPR Certified and enforce strict safety rules. They are also very talented skateboarders with a lot of knowledge to share with their students. (Don't have pads or a skateboard? No worries! We will have enough onsite for each participant.) *Beach Sports*

### **SPY KIDS: SECRET AGENTS**

Take fingerprints, decode secret messages, search for clues, go on a scavenger hunt and decipher our escape room! Explore the fascinating world of solving mysteries and develop observation and reasoning skills. Every student also receives their very own ID Badge and detective kit. *Parker-Anderson Enrichment*

### **STEAMLAB: INVENTORS WORKSHOP**

Join Inventor's Workshop and learn to think outside the box as you come up with your own contraptions and inventions! In this interactive, STEAM-based class, students will not only learn about the amazing history of famous inventors, but will also create, modify and demonstrate their own designs. *Parker-Anderson Enrichment*

### **TECHKIDZ: CODING**

Create your own animations, programs, and games with MIT's Scratch, Code.org, Box Island, and more! Computer programming helps with brain development, math skills, and logic, and is tons of fun! (Students may share devices based on available facilities) *Parker-Anderson Enrichment*

### **WEIRD & WACKY SCIENCE**

Come join us for some fun with Weird and Wacky Science! This class is filled with cool new hands-on experiments each week based on concepts such as: growing amazing crystals, magnetism, static electricity, gravity, and so much more! Experience the Scientific Method in a whole new way! *Parker-Anderson Enrichment*

### **YARN FUN (Pacific only)**

We will work with yarn and strings as our medium. Examples can be: Weaving, whipstitching (which is the precursor to hand sewing), knitting looms, macrame and adding beads, leading us into beading bracelets as a final project, if the child elects to do this. Depending on each child's levels, I have knitting looms if they want to do a project on it. Not all projects will be finished each week. Some projects will be more progressive than others. *Glenna Stroh*